

## What is SEND?

Special Educational Needs and/or Disabilities (SEND) are the words used by teachers to describe someone who has a learning difference, difficulty or disability and needs some extra help in school.



## Types of SEN

There are 4 main areas -

1. **Communication and Interaction:** you may have difficulty saying what you want to, understanding what is being said, what you need to do or how to interact with others.
2. **Cognition and Learning:** you may need longer to learn different skills or require a different way to learn. You might find all of the curriculum hard or struggle with some parts of it.
3. **Social, Emotional and Mental Health Difficulties:** you may feel sad, lonely or angry or even find it hard to sit still in class. Sometimes you do not realise how amazing you are.
4. **Sensory and/or Physical Needs:** you have problems getting around, seeing or hearing or need regular medicine to make sure you're okay.

## What is a Support Plan?

This plan tells us about you, what you can do well, what targets we are working on in school and the ways we can help you.

The plan will be shared with you and your parents/carers. In school, we will use the plan to improve your skills and help you meet your targets.

## Who can help me in school?

All adults in school are here to help you. You can talk to whoever you feel most comfortable with.

## Who else might help?

If your class teacher wants more ideas about how to help you they can ask other people (experts) to come to school and talk to or support you. This could sometimes be outside of school.

### What support will I get?

We will try to give you the help you need. This might be changes to the work you complete, resources you use or the support you get.

You might work in a quieter space around the school on the targets from your support plan, either by yourself or with a small group.

Sometimes you might even have a key worker to help you in class.

### Will I be treated differently?

Everyone is different. At school, it is our job to help you learn.

Once we have talked about your needs and made your Support Plan we will help in a way that is best for you. This might mean that the way the teacher helps you is different to how they might help your friend.

For more information try :  
[rydal.swiftacademies.org.uk](http://rydal.swiftacademies.org.uk)

or find us on  
[Facebook](#)

School contact number :



### Where can I get further support?

Look on the SEND section on the school website or for independent advice, support or information contact **SEND IASS** at [www.darlington.gov.uk/iass](http://www.darlington.gov.uk/iass)



**SEND**

**Pupil & Parent/  
Carer Guide  
2023-2024**